



# AMERICAN ACADEMY OF AESTHETIC MEDICINE

Grow the Aesthetic Medical Facet of your Practice with AAAM – the Global Leader in Aesthetic Medicine Training

## Advanced Course in Aesthetic Medicine 28 February – 2 March 2014 | Yogyakarta, Indonesia

- ✓ Specially for Indonesian licensed physicians
- ✓ Learn from leading experts
- ✓ Interactive and 'live' demonstration teaching, with strong focus on hands-on training
- ✓ Receive a Certificate endorsed by AAAM®

**In Collaboration with  
PERDAWERI  
Society of Anti-Aging,  
Wellness, Aesthetic  
and Regenerative**

DAY 1 28 February 2014 (Friday)	DAY 2 1 March 2014 (Saturday)	DAY 3 2 March 2014 (Sunday)
<p><b>0730 – 0830 hrs:</b> Registration and Morning Tea</p> <p><b>NUTRITION AND ANTI-AGING IN AESTHETIC MEDICINE</b> <b>Faculty Member:</b> <b>Dr Samuel Oetoro, SpGK (Indonesia)</b></p> <p><b>0830 – 1030 hrs:</b></p> <ul style="list-style-type: none"> <li>• Balance of Micronutrient to Prevent Aging</li> <li>• Diet Program for Weight Management</li> <li>• The Best Nutrition to Support Aesthetic Therapy</li> </ul> <p><b>1030 – 1045 hrs: Morning Tea break</b></p> <p><b>THREAD LIFTING FOR SKIN REJUVENATION</b> <b>Faculty Member:</b> <b>Dr Sri Elyani, SpKK (Indonesia)</b></p> <p><b>1045 - 1215 hrs:</b></p> <ul style="list-style-type: none"> <li>• Various Threads in Aesthetic Use</li> <li>• Mechanism of Threads for Skin Rejuvenation</li> <li>• Indications of Thread Lift</li> <li>• How to Prevent and Manage Complications from Thread Lift</li> </ul> <p><b>1215 - 1230 hrs:</b> Multiple Choice Question Test Assessment</p> <p><b>1230 – 1330 hrs: Lunch in Hotel</b></p> <p><b>1330 – 1400 hrs:</b> Transportation to Hospital for Workshop</p> <p><b>1400 – 1730 hrs:</b> Hands-On Training in Non-Surgical Thread Lift</p> 	<p><b>Faculty Member: Dr Thomas Berger (Germany)</b></p> <p><b>COSMETIC DERMATOLOGY</b></p> <p><b>0830 – 1015 hrs:</b></p> <ul style="list-style-type: none"> <li>• Pigmentation Disorders Management</li> <li>• Sun Protection for Any Skin Type</li> </ul> <p><b>1015 – 1030 hrs: Morning tea break</b></p> <p><b>1030 – 1130 hrs:</b></p> <ul style="list-style-type: none"> <li>• Acne Management <ul style="list-style-type: none"> <li>- Etiology</li> <li>- Classification</li> <li>- Complications</li> <li>- Treatment</li> </ul> </li> </ul> <p><b>1130 – 1230 hrs:</b></p> <ul style="list-style-type: none"> <li>• Dark Circles</li> <li>• Keloid Scar Management</li> </ul> <p><b>1230 – 1330 hrs: Lunch</b></p> <p><b>1330 – 1515 hrs:</b></p> <ul style="list-style-type: none"> <li>• Treatment of Stretch Marks</li> <li>• Cellulite Management</li> <li>• Advances in Chemical Peels</li> </ul> <p><b>1515 – 1530 hrs: Afternoon Tea break</b></p> <p><b>PAIN MANAGEMENT IN AESTHETIC MEDICINE</b></p> <p><b>1530 – 1730 hrs:</b></p> <ul style="list-style-type: none"> <li>• Regional, Local and Topical Anesthesia</li> <li>• Agents and Techniques</li> <li>• History and Effects</li> <li>• Complications and Toxicity</li> <li>• General Face Anatomy</li> <li>• Facial Nerve Anatomy</li> <li>• Trigeminal Nerve Anatomy</li> <li>• Supraorbital, Infraorbital, Maxilar and Mandible Nerves Block</li> </ul> <p><b>1730 – 1745 hrs:</b> Multiple Choice Question Test Assessment on Cosmetic Dermatology &amp; Pain Management</p>	<p><b>Faculty Member: Dr Thomas Berger (Germany)</b></p> <p><b>BOTULINUM TOXIN TYPE A &amp; SKIN FILLERS (ADVANCED TECHNIQUES AND INDICATIONS)</b></p> <p><b>0800 – 0945 hrs</b> <b>Botulinum Toxin A</b></p> <ul style="list-style-type: none"> <li>• Revision on Anatomy. Beauty Rules and Different Brands</li> <li>• Advanced Botulinum Toxin Type A Indications &amp; Techniques <ul style="list-style-type: none"> <li>- Advanced indications: Brow Lift, Gummy Smile, Chin, Peri-Oral Wrinkles, Platysmal bands</li> <li>- Decollete and Cheeks: Mesobotox</li> <li>- Masseter</li> <li>- Hyperhidrosis: Preparation and Injections</li> </ul> </li> </ul> <p><b>0945 – 1000 hrs: Morning Tea Break</b></p> <p><b>1000 – 1145 hrs</b> <b>Skin Fillers</b></p> <ul style="list-style-type: none"> <li>• Revision on Anatomy and Beauty Rules</li> <li>• Fillers and Techniques Revision <ul style="list-style-type: none"> <li>- Facial Volumes Improvement</li> <li>- Mid-face Treatment <ul style="list-style-type: none"> <li>&gt;Nasal Bridge Enhancement</li> <li>&gt;Cheek Augmentation</li> <li>&gt;Chin Augmentation</li> <li>&gt;Lip Augmentation</li> <li>&gt;Tear Trough</li> </ul> </li> </ul> </li> </ul> <p><b>1145 – 1200 hrs:</b> Multiple Choice Question Test Assessment on Botulinum Toxin Type A and Fillers</p> <p><b>1200 – 1300 hrs: Lunch</b></p> <p><b>1300 – 1330 hrs: Transportation to Hospital for Workshops</b></p> <p><b>1330 – 1530 hrs:</b> <b>Live Demonstrations and Hands-on Training on Botulinum Toxin Type A (Advanced Indications)</b></p> <p><b>1530 – 1545 hrs: Afternoon Tea Break</b></p> <p><b>1545 - 1715 hrs:</b> <b>Live Demonstrations and Hands-on Training on Fillers (Advanced Indications)</b></p> <p><b>1715 – 1730 hrs:</b> Presentation of Certificates</p>

\*Course program and topics are subject to changes by AAAM

## Advanced Course in Aesthetic Medicine

### Course Fee includes:

1. Scientific sessions & workshops with hands-on training
2. Coffee breaks & luncheons during the 3-day course
3. Products, materials & disposables used at workshops
4. Certificate endorsed by AAAM®
5. Delegate Bag & Lecture Notes

^ excludes airfare and hotel accommodation

Course Fee  
US\$ 1,800

**Register online to  
book your seat now!**

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